SPIRITUAL PSYCHOLOGY AND COUNSELING
Volume: 1 ▪ Number: 1 ▪ 2016 February ▪ eISSN: 2458-9675

Spiritual Psychology and Counseling is an open access, on-line journal that aims to publish complete and reliable information on the discoveries and current developments in the fields of spirituality and spirituality-related issues within the context of psychological processes.

Authors bear responsibility for the content of their published articles.

Owner
Alpaslan Durmus (Educational Consultancy & Research Center, Turkey)

Chief Executive Officer
Ibrahim Sanal (Educational Consultancy & Research Center, Turkey)

Editor
Halil Eksi (Marmara University; Turkey)

Associate Editor
Çınar Kaya (Marmara University, Turkey)

English Language Editors
ENAGO (www.enago.com.tr)
John Zacharias Crist
A. Kevin Collins

International Editorial Board
Osman Tolga Arıçak (Hasan Kalyoncu University; Turkey)
Hasan Bacanlı (Biruni University, Turkey)
Malik B. Badri, International Institute of Islamic Thought & Civilization; Malaysia
Elias Capriles (Andes University; Venezuela)
Manijeh Daneshpour (St. Cloud State University; USA)
Sabnum Dharamsi (Private Practice; UK)
Bulent Dilmac (Necmettin Erbakan University; Turkey)
Robert Frager (Sofia University; USA)
Agustin de la Herran Gascón (Autonomous University of Madrid; Spain)
Amber Haque (UAE University; UAE)
Elfie Hinterkopf (The Focusing Institute; USA)
Ralph W. Hood (University of Tennessee at Chattanooga; USA)
Hayati Hökelekli (Uludağ University; Turkey)
Mustafa Koç (Balıkesir University; Turkey)
Mustafa Merter (Private Practice; Turkey)
Judith Miller (Columbia University; USA)
Mustafa Otrar (Marmara University; Turkey)
Sadeq Rahimi (University of Saskatchewan; Canada)
Len Sperry (Florida Atlantic University; USA)
Macid Yılmaz (Atatürk University; Turkey)
Üzeyir Ok (Cumhuriyet University; Turkey)
Yusmini Binti Md. Yusoff (University of Malaya; Malaysia)
Board of Reviewing Editors
Mustapha Achoui (International Islamic University; Malaysia), Osman Tolga Arıçak (Hasan Kalyoncu University; Turkey), Mehmet Atalay (İstanbul University; Turkey), Hasan Bacanlı (Biruni University, Turkey), Malik B. Badri (International Institute of Islamic Thought & Civilization; Malaysia), Elias Capriles (Andes University; Venezuela), Manijeh Daneshpour (St. Cloud State University; USA), Sabnum Dharmasi (Private Practice; UK), Bulent Dilmac (Necmettin Erbakan University; Turkey), Vincent Dummer (Appalachian Regional Hospital; USA), Halil Ekiş (Marmara University; Turkey), Robert Frager (Sofia University; USA), Harris L. Friedman (University of Florida; USA), Agustín de la Herran Gascón (Autonomous University of Madrid; Spain), Amber Haque (UA Emirates University; UAE), Elif Hinterkopf (The Focusing Institute; USA), Ralph W. Hood (University of Tennessee at Chattanooga; USA), Hayati Hökelekli (Uludağ University; Turkey), Majeda Humeidan (Zayed University; UAE), Mustafa Koç (Bahkesir University; Turkey), S. K. Kiran Kumar (University of Mysore; India), Brian L. Lancaster (Liverpool John Moores University; UK), Mustafa Merter (Private Practice; Turkey), Judith Miller (Columbia University; USA), Mustafa Otrar (Marmara University; Turkey), Iker Puente (Autonomous University of Barcelona; Spain), Len Sperry (Florida Atlantic University; USA), Sadeq Rahimi (University of Saskatchewan; Canada), Vítor José F. Rodrigues (Clinica Serenum; Portugal), Macid Yılmaz (Atatürk University; Turkey), Yusmini Binti Md. Yusoff (University of Malaya; Malaysia)

Content Advisor
EDAM (Educational Consultancy & Research Center)
Phone: +90 (216) 481-3023 Web: www.edam.com.tr Email: editor@edam.com.tr

Graphic Design
Nevzat Onaran
Semih Edis

Prepress
EDAM (Educational Consultancy & Research Center)

Publishing Period
Biannual (February & July)

Online Publication
2016 February

Correspondence
EDAM (Educational Consultancy & Research Center)
Ferah Mh. Ferah Cd. Buldük Sk. No: 1 Uskudar, Istanbul 34692 Turkey
Phone: +90 (212) 481-3023 Web: http://spiritualpc.net/ Email: editor@spiritualpc.net